



Wilson Midget Football Association

Participants and Parents Rules and Responsibilities

First and foremost the Wilson Midget Football Association is comprised of a group of volunteers. These volunteers pour their passion, resources, time and dedication into genuine partnerships that changes lives and the community. These volunteers work to ensure all participants are taught sportsmanship, respect and courtesy by demonstrating positive support. To ensure smooth management and the integrity of our program, rules and policies have been implemented.

I. Rules and Policies

1. School is priority. Homework should be done before practice.
2. If participant is absent from school, they may not take part in practice, game or organized function of The Wilson Midget Football Association.
3. Parental Consent (Registration) Form must be signed by Parent/Guardian and on file with the association prior to participation in any practice, game or organized function of The Wilson Midget Football Association.
4. Medical/Physical Form must be signed by physician, dated, turned in and on file with the association prior to first practice or child will not be able to participate in any practice, game or organized function of The Wilson Midget Football Association. **NO EXCEPTIONS!** All Football players must have a mouthpiece (cannot be clear or red) with strap (Flags – No Strap) for practice and games (parent responsibility).
5. Uniforms and equipment that are handed out by The Wilson Midget Football Association are the sole responsibility of the participant and parents and are to be returned by the end of the participant's season.
6. Practice attire for FOOTBALL players includes helmet, practice pants, practice shirt, pads, belt, mouthpiece (cannot be clear or red) with strap (Flags- No Strap) and rubber cleats. **NO JEWELRY** of any type to include but not limited to: Body Jewelry, Earrings, Necklaces, Bracelets, Rings, ad Ankle Bracelets will not be allowed. (See #12). Fingernails, including artificial nails, shall be kept at a length appropriate for safe participation. The appropriate length means the nails are not visible beyond the end of the finger when viewed from the palm side of the hands.
7. Practice attire for CHEERLEADERS includes t-shirts long enough to tuck in, comfortable/loose fitting pants, laced up sneakers with good support. No jeans or clothes with rivets or zippers are allowed. Hair must be pulled up and out of the way. The coach must approve all hair accessories. **NO JEWELRY** of any type to include but not limited to: Body Jewelry, Earrings, Necklaces, Bracelets, Rings, ad Ankle Bracelets will not be allowed. (See #12). Fingernails, including artificial nails, shall be kept at a length appropriate for safe participation. The appropriate length means the nails are not visible beyond the end of the finger when viewed from the palm side of the hands.

8. All participants must be in full uniform to play in or cheer at a game. NO EXCEPTIONS! Equipment / Uniforms are to be cleaned before each game.
9. Game Attire for FOOTBALL players include: helmets, pads, game pants, belt, game shirt, mouthpiece (cannot be clear or red) with strap (Flags-No Strap), socks and rubber cleats. NO JEWELRY of any type to include but not limited to: Body Jewelry, Earrings, Necklaces, Bracelets, Rings, ad Ankle Bracelets will not be allowed. (See #12). Fingernails, including artificial nails, shall be kept at a length appropriate for safe participation. The appropriate length means the nails are not visible beyond the end of the finger when viewed from the palm side of the hands.
10. Game Attire for CHEERLEADERS includes: skirt, vest, crop top (seasonal), bloomers, socks, sneakers, hair bows, poms, Make-up, nail polish, glitter lotion is not allowed. NO JEWELRY of any type to include but not limited to: Body Jewelry, Earrings, Necklaces, Bracelets, Rings, ad Ankle Bracelets will not be allowed. (See #12). Fingernails, including artificial nails, shall be kept at a length appropriate for safe participation. The appropriate length means the nails are not visible beyond the end of the finger when viewed from the palm side of the hands.
11. Each participant is responsible to return all equipment or uniforms issued to them in acceptable condition or reimbursement to The Wilson Midget Football Association will be due at the current replacement cost.
12. Jewelry of any type is prohibited except medical medallions, which must be covered by the player's uniform.
13. All participants *must attend* all scheduled functions. Excused absences will be limited to: sickness, family vacations, death or illness, participation in another recognized youth activity and any religious activity.
14. Head coaches must be informed of any intent to not attend a scheduled function. Failure to attend a scheduled function of any reason other than stated above shall subject that player(s) to disciplinary action imposed by the head coach. Coaches are responsible for the decision making. Coaches are expected to act in a mature and responsible manner.
15. Participants and parents/guardians will conduct themselves in a sportsmanlike manner at all functions. The following conduct is unacceptable: Tardiness; theft; fighting of any kind; destruction of private/public property or equipment; use of profane language directed at any other player or coach; behavior that disrupts the orderly running of practice, game or organized function; loss or improper care of the issued uniforms and noncompliance of instructions given by coaches. Any participant or parent/guardian who is in violation will be subject to disciplinary action.
16. Parents / Guardians are required to work the refreshment stand and participate in one fundraiser. You will be notified by a Board member of the date and time to work the refreshment stand. Please report to the refreshment stand by kickoff time.
17. Coaches *must be* notified if your child is allergic to bees and any medical conditions.

18. Participants should not be dropped off at a practice or game unless a member of their coaching staff is present. Participants should be picked up promptly after each practice or game.
19. During practice the teams will take breaks. Please bring a water bottle and put your child's name on the bottle. Soda or glass bottles are NOT allowed. Practice will consist of running, stretching and learning the game. Chewing gum during practices or games is not allowed. It is suggested that participants eat something light before practice and games.
20. Parents/Guardians are NOT allowed on the practice /game field for insurance reasons. Parents/Guardians attending any practice/game should stay off the football field and out of cheering lines. Whenever practices are held indoors, no one other than coaching staff, participants team moms and Board of Director Members are allowed. Children are only excused after notifying their coach.
21. Friends or siblings are not allowed at practices or games unless supervised by an adult.
22. If you need to speak to a coach, call or talk to the coach before or after practice. Their time is limited and is devoted to the kids.
23. Keep your eyes on the sky. If it looks like bad weather please come to the practice/game field. Practice will stop for lightning and downpours at the coaching staff discretion. We will try to give you as much notice as possible if the practice gets cancelled. Scrimmages against other teams may be scheduled. As they are scheduled you will be notified.
24. Each participant is responsible for cleaning up after themselves at all practices and games.
25. Smoking is not allowed in the vicinity of practice or game fields. Any participant under the influence of alcohol or drugs will be instructed to turn in their equipment/uniform immediately. Any parent/legal guardian under the influence of alcohol or drugs will be removed.
26. No Coach, Assistant Coach or Board Member will be allowed to transport a participant to or from any organized function of the Wilson Midget football Association.

II. Rules and Policies

1. All disciplinary action(s) will be communicated to the participant and Parent/Guardian as soon as possible, as well as to The Wilson Midget Football Association Board of Directors.
2. The Board of Directors approves all suspension/expulsions before becoming final.
3. Participants and Parents/Guardians have the right to request an appeal of any disciplinary action(s) to The Wilson Midget Football Association Board of Directors.

Wilson Midget Football Association Website:

<https://www.wilsonvikings.com>